

DELISH SCHOOL LUNCHES

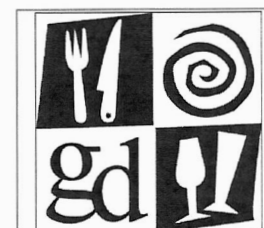
MIDDLE SCHOOL

MON / TUES / WED / THURS / FRIDAY

GARLIC BREAD	\$ 2.20
AMERICAN HOT DOG	\$ 3.50
SAMOSA x5 CHILLI SAUCE	\$ 2.50
SPRING ROLLx5 CHILLI SAUCE	\$ 2.50
PIZZA	\$ 3.70
CINNAMON DOUGHNUT	\$ 2.20
SAUCE	\$ 60
TOASTED SAMMIE	\$ 3.20
<i>Ham/Cheese/ Onion/ Tomato/Pineapple Choose two fillings</i>	
GLUTEN FREE SAMMIES ham, chick, salad	\$ 4.50
GLUTEN FREE TOASTIE	\$ 4.00
GLUTEN FREE MUFFIN	\$ 3.00
GLUTEN FREE BROWNIE	\$ 3.50
GLUTEN FREE PIZZA	\$ 4.00

CHICK / SALAD WRAP	\$ 3.50
HAM / SALAD WRAP	\$ 3.50
BACON / AVO WRAP	\$ 3.50
HAM SAMMIE	\$ 3.00
EGG SAMMIE	\$ 3.00
CHICKEN SAMMIE	\$ 3.00
WHOLEGRAIN BREAD AVAILABLE ADD	\$.20
CHICK SALAD SAMMIE	\$ 3.70
HAM SALAD SAMMIE	\$ 3.70
CLUB SAMMIE HAM EGG	\$ 4.20
FILLED ROLL HAM / SALAD	\$ 3.70
FILLED ROLL CHICKEN / SALAD	\$ 3.70
HEALTHY SALAD WITH MEAT	\$ 5.50
WATER 700 mls	\$ 2.70
JUICE	\$ 3.20
PRIMO CHOC/STRAWBERRY	\$ 2.80
FROZEN JUICE	\$ 1.20

FRESH FRUIT SALAD	\$ 3.50
FRUIT YOGHURT	\$ 2.50
JELLY	\$ 2.20
PINEAPPLE/GRAPES	\$ 1.40
SUSHI x 4 (CHICKEN)	\$ 4.70
MUFFIN	\$ 2.80
CHOC BROWNIE	\$ 3.00
OATY CARAMAL	\$ 3.00
LAMINGTON	\$ 2.30
RASPBERRY/COCCONUT SLICE	\$ 3.00
PASSIONFRUIT AND LEMON SLICE	\$ 3.00
POPCORN	\$ 1.30
BISCUIT	\$ 1.30
CHEESE AND CRACKERS	\$ 2.00



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